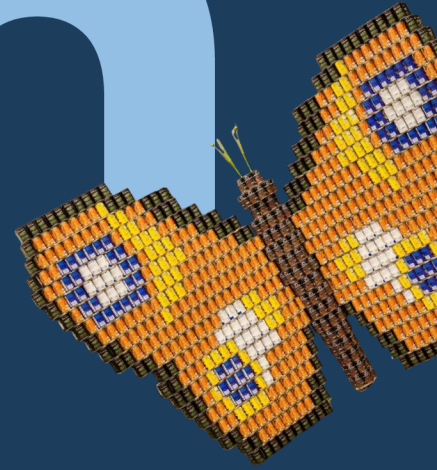
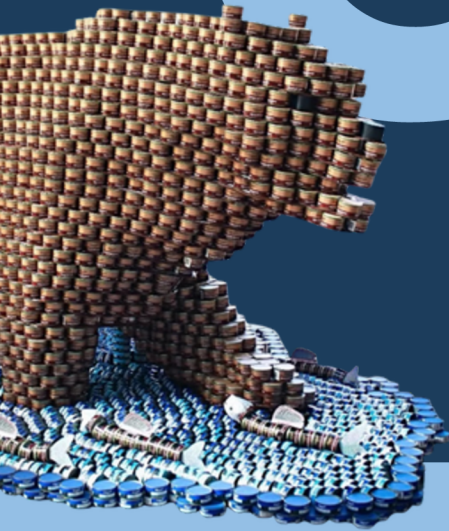


FREDERICK

can

MAKE A DIFFERENCE

JUN 19-JUL 5 2026



CANSTRUCTION®
FREDERICK
INTEREST MEETING

Thursday, Jan 15th
9:30-10:30 AM

ROOT 118 N Market Street
Or online via Zoom

Scan to learn more



canstruction.org
therescuemission.org

f @FrederickRescueMission

Ready to use your creativity to **design,**
build, and **serve** your community?

Canstruction® is coming to Frederick in June 2026!

Be part of a team that designs and builds a giant sculpture entirely from cans of food, all donated to the Frederick Rescue Mission to help feed local families.

Every year, nearly 100,000 people receive groceries through the Rescue Mission's Food Distribution Center. During the summer months, shelves run low. Canstruction transforms creativity into direct impact, keeping canned goods stocked for neighbors in need year-round.

This hands-on, collaborative project blends design, teamwork, and community service. You don't need a full team to join — come with a group, or sign up individually and get matched with fellow builders who want to make a difference.

Join us at the interest meeting January 15th 2026 to learn more about the event and ways to get involved. Scan the QR code or visit <https://forms.gle/rFg7kS2U2uN8WbG86> for more info.



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RESCUE MISSION

